



Catholic Brain VBS



Lesson Plan  
& Schedule

Day One

WHO IS  
JESUS?

1 Warm-up

- Prayer – Open with a family prayer; suggestion: [Our Father](#)
- Sing today's song – "[Fatima Prayer](#)"
- Today's Scripture – **Simon Peter replied, "You are the Christ, the Son of the living God." (Matthew 16:16)**
  - Post this Scripture passage in the location where you will be doing most of the VBS activities. Try to memorize it throughout the day.
- Introduce today's Virtue – **Hope**. Hope means trusting God. God has made many incredible promises to us. If we have the virtue of hope, we trust that God will keep His promises, and prepare a place for us in Heaven.
- Do today's [Word Search](#)
  - The word search contains words that are related to today's VBS lesson and videos. After finishing the word search, have your child keep it handy, and whenever he or she learns what one of the words means, let them highlight it. See if you can get all of the words highlighted by the end of the day.

2 Lesson

- Watch the Adventure Catechism video, "[Who is Jesus?](#)"
- Take the quiz to see what you learned
- Discuss the following questions to help children understand more deeply:
  - How is Jesus our Savior?
    - *Jesus died on the cross as an offering for our sins, and opened the way to Heaven.*

- Why is it important that Jesus's coming was foretold?
  - *God had promised to send Jesus centuries before He came, and gave us clues so people could recognize Him when He did come. This is proof that Jesus came from God.*
- Activity: Jesus has many titles because there are so many aspects to who He is. Have your children draw images representing some or all of the following titles they learned from the video:
- Activity: Jesus has many titles because there are so many aspects to who He is. Have your children draw images representing some or all of the following titles they learned from the video:
  - Son of God
  - Son of Mary
  - Our Savior
  - The Lamb of God
  - Miracle Worker
  - Fountain of Life
  - Bread of Life
  - Judge
  - King of kings

Note – These don't have to be drawings. If you have craft materials available, you may consider having your child build something instead. Get creative, and make sure they have fun!

- Sing today's song, "[Fatima Prayer](#)" again

### 3 Saint

- Watch the video about [St. Patrick](#) (30 minutes)
  - After the video, discuss how St. Patrick demonstrated today's virtue – hope

### 4 Review

- Review what you learned today. If you want, retake the quiz from earlier. Look over your word search: Did you highlight all the words, and do you know what they mean?
- Practice today's Scripture and sing today's song again
- Close with prayer; suggestion: the [Act of Hope](#).

### 5 Family Movie

- As a family, watch today's movie, [God With Us](#) (1 hour 29 minutes)